

Information sign 1

History

We know that in the early 1900s there were several greenhouses and a greenhouse shop on this very spot. The owner lived in a house across from the shop.

White water lily *Nymphaea alba*

The white water lily blossoms with white flowers during the period from June to August. It is a perennial aquatic plant with long flower and leaf stems, large rounded floating leaves and big white flowers – the largest seen in a domestic Swedish plant.



Willow warbler *Phylloscopus trochilus*

The willow warbler is a light greenish-yellow bird from the family of warblers and allies, which is mainly noticed due to its song. The willow warbler's melody starts with a few high-pitched notes which is then rounded off with a graceful musical gesture that trails away into nothingness. Its song can be heard frequently in the spring and early summer. Scan the QR code to hear its call.



Information sign 2

History

The Skane Rowing Federation purchased a 6,000 m² area of land and lake here in 1961. In 1964, they opened an intensive training, course and camp operation at Hjelmsjö which continued for many years.

Dog activities

Have your dog jump up and down, sit and heel between the stones placed along the path.

Information sign 8

Eurasian blue tit *Parus caeruleus*

The Eurasian blue tit is a bird in the titmice and chickadee family (Paridae) of the passerine order (Passeriformes). This small bird is easy to recognise due to its blue and yellow plumage.

Can you hear the chirping of the blue tit? If not, take a listen with the QR code below.



Information sign 3

Bog myrtle *Myrica Gale*

Bog myrtle is a small shrub that grows to a height of 50-100 centimetres. It blooms on bare branches between April and June. It has a strong aromatic scent and has historically been used to add flavour to beer and other alcoholic beverages.



Dog activities

Have your dog balance or sit on the logs. Advance to having the dog sit/balance on the tree stumps.

Information sign 9

History

The stone wall behind you is a biotope protection area. Stone walls, small stands of trees, bushes or rocks in a field, stone piles, small water courses, open ditches and tree lines all form important habitats for many plants, animals and fungi. These environments are commonly referred to as small biotopes, and they are protected by the Swedish Environmental Code. This means that it is prohibited to remove or damage them.

Common chaffinch *Fringilla coelebs*

The common chaffinch is a bird of the finch family (Fringillidae). It is the same size as a house sparrow, but more slender and with a longer tail. When the common chaffinch is on the ground it bobs its head rhythmically as it walks, and it flies in powerful arcs. The common chaffinch is often a fairly fearless bird.

Its most usual call is a sharp 'pink-pink'. Scan the QR code to hear it.



Information sign 4

History

Hjelmsjöborg was erected by the Lundberg family in the early 1900s. The buildings were used as a castle-like residence, stables, greenhouse and garment factory.

Dog activities

Have your dog jump up onto the pile of stones, and ask it to sit or stay for a while. Advance to having the dog sit or stay without getting up while you walk around the mound.



Information sign 5

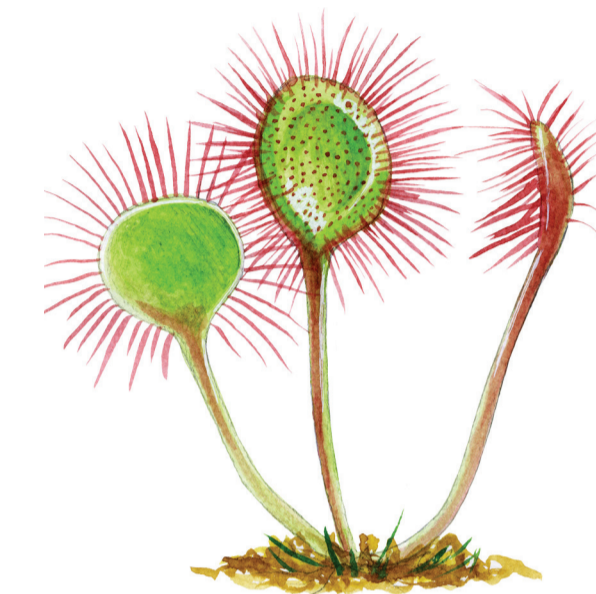
Dog activities

Hide dog treats/food in the hollows of the tree trunks and let the dog search for it.

Round-leaved sundew *Drosera rotundifolia*

A small unusual-looking perennial herb with round, long-stemmed leaves forming a rosette.

All species of sundews (*Drosera*) have been used to make "ropy milk". The plant's mucilage was used in older days to treat warts and calluses.



Information sign 6

History

The camping grounds on the left side of *Abborraleden* were prepared by Örkelljunga Municipality in 1986. Today, there is room for 60 caravans. The camping has been adapted for universal access.

Dog activities

Have the dog balance on the stack of timber or hide treats/toys in the sides.

Information sign 7

History

The white building is called *Villa Sagan*, and was originally a house that was rented as part of a boarding house business. The boarding house business was operated by the Lundberg family, who had moved here from Helsingborg to open a local garment factory.

Great tit *Parus major*

The great tit is a bird in the titmice and chickadee family (Paridae) of the passerine order (Passeriformes). It is easy to recognise with its black head and neck. Scan the QR code to hear its call.



Alder buckthorn *Rhamnus frangula*

Alder buckthorn is a deciduous shrub, or sometimes small tree, with ovate leaves, small star-shaped flowers with greenish-white petals that grow in clusters, and black berries.

As alder buckthorn blooms over a long period of time, you will often see shrubs with both flowers and berries in different stages of development.

The bark of the alder buckthorn has historically been used as a laxative. The Latin genus name *Frangula* refers to the brittle wood and its use in the manufacturing of gun powder.



Information sign 10

History

During an archaeological excavation in 1997, a settlement approximately 100x5 metres in size was found by the beach at *Mammavik* (Mother's cove). The find consisted of two flints, one of which was burned.

Eurasian wren *Troglodytes troglodytes*

The wren is a small, brown passerine from the wren family (*Troglodytidae*). The scientific name is taken from the Greek word for "cave-dweller" and refers to its habit of disappearing into cavities and crevices to hunt for food or to rest.

The wren's song can be heard both in summer and winter. It has a powerful song, which is a mixture of trills and rattling warblers, ending in prolonged dry rattling trill. Scan the QR code to hear its call.



More information on
Abborraleden
www.orkelljunga.se





Abborraleden



- Abborraleden
- Skåneleden
- Stora slingan
- Slinga för alla

Project Abborraleden

In 2012, a preliminary investigation was conducted regarding the possibility of a hiking trail around Aborra Lake in Örskelljunga. The initiative for this investigation was based in the physical and psychological health issues noted in the Swedish population. Studies have shown that natural environments have a positive impact on human beings, and the preliminary investigation was thus launched regarding the setting up a recreational area in Örskelljunga.

The investigation was made possible through funding from Leader Skåne, and it was carried out by two students from the Landscape Architecture programme at SLU Alnarp. The preliminary investigation established the project with the residents, associations and companies in the area, and looked at factors such as possible recreation, safety and accessibility. A situation analysis was also conducted in terms of existing trails, topography of the area, vegetal composition and structure, along with culture and natural values. The work resulted in a proposal for a possible trail design.

Örskelljunga Municipality then applied for further funding from Leader Skåne, and when this was granted, they assumed responsibility for the coordination of the project. A project group was formed, consisting of residents, officials and representatives from associations and companies. With the help of contributions from pupils in Örskelljunga schools and others, the project group has created the Abborra Trail area with an accessibility-adapted hiking

trail, outdoor gym, playground and barbecue areas. The project was completed on 27 September 2014.

Abborra Lake

Abborra Lake has a total surface area of about 23,000 m², and is situated 76 meters above sea level. The lake is part of the catchment area for water from the Rönne river, but does not really have any inflow or outflow. During high tides, the lake is sometimes linked to Hjälmsjön.

Abborra Lake is part of the Hjälmsjö-Pinnån Fishery Conservation Area, and a licence is required to fish in it. Fish such as tench, perch and northern pike can be caught in Aborra Lake. Information on fishing licences [in Swedish] can be found at www.orskelljunga.se under "Turism/Bad och fiske".



Map symbols

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|------------------|---------------|-------------------------|---------------------|-----------------------------|
| Information sign | Parking | Playground | Bus stop | Beach |
| Hiking trail | Toilets | Bench | Tourist information | Accessibility-adapted trail |
| Shop | Camping site | Miniature golf | Outdoor gym | Tennis court |
| Skatepark | Barbecue area | Off-leash area for dogs | | |